



INFO@DANCELABOC.COM

(949) 316-4150

17962 SKY PARK CIRCLE UNIT 46 - H, IRVINE, CA 92614

CLASS SCHEDULE 2026 - 2027**LAB 1**

MONDAY	Class	Age	Teacher
4:00-4:30	GROUP REHEARSAL #1		MM
4:30-5:30	Jazz II	8-13	MM
5:30-6:30	Jazz I/II	6-13	EM
6:30-7:00	GROUP REHEARSAL #2		MM
7:00-8:00	Combo III	10+	MM
8:00-9:00	Combo IV	13+	MM
9:00-9:30	GROUP REHEARSAL #3		MM
TUESDAY			
4:00-4:30			
4:30-5:30	Tech/Stretch III	8-13	NL
5:30-6:30	Tech/Combo II/III	9-14	NL
6:30-7:00	GROUP REHEARSAL #5		NL
7:00-8:00	Tech/Combo III/IV	11+	NL
8:00-8:30	GROUP REHEARSAL #7		NL
WEDNESDAY			
3:30-4:30	Acro II	8-13	LR
4:30-5:30	Acro III/IV	10+	LR
5:30-6:30	Turn Technique	12+	LR
6:30-7:00	GROUP REHEARSAL #8		LR
7:00-8:00	Jazz II/III	9-14	LN
8:00-9:00	Acro IV	10+	TBD
THURSDAY			
4:00-4:30			
4:30-5:30	Tech/Stretch I/II	7-13	MA
5:30-6:30	Tech/Combo III/IV	11+	MA
6:30-7:00	GROUP REHEARSAL #12		MA
7:00-8:00	Combo II/III	8-14	LN
FRIDAY			
4:00-4:30	GROUP REHEARSAL #14		MM
4:30-5:30	Jazz II/III	9-14	MM
5:30-6:30	Tech/Stretch I/II	7-12	MM

LAB 2

Class	Age	Teacher
Ballet I/II	6-13	LS
Ballet II/III	9-14	LS
Ballet IV (6:30-8:00)	12+	LS
GROUP REHEARSAL #4		LR
Tech/Stretch II	7-12	LR
Ballet III/IV	11+	LR
GROUP REHEARSAL #6		LR
Lyrical/Contemporary III	10+	LN
Acro I	6-11	TBD
Tech/Stretch I/II	6-13	JF
Turn Technique	7-11	JF
GROUP REHEARSAL #9		JF
Tech/Stretch III/IV	11+	JF
GROUP REHEARSAL #11		RJ
Hip Hop II	8-13	RJ
Hip Hop I	6-11	RJ
GROUP REHEARSAL #13		LN
Hip Hop III/IV	11+	RJ
GROUP REHEARSAL #15		NS
Lyrical/Contemporary I/II	6-13	NS
Ballet III	10+	NS

LAB 3

Class	Age	Teacher
Intro To Acro	4-8	EM
Lyrical/Contemporary I	6-11	MM
Lyrical/Contemporary II	7-12	EM
Ballet I	6-11	LN
Jazz I	6-11	LN
CLUB GROUP REHEARSAL		LN
Pre-Pointe/Pointe I	8-14	LR
Petite Jazz/Tech	4-7	JF
Ballet II/III	9-14	TBD
Turn Technique	6-11	TBD
GROUP REHEARSAL #10		LN
PETITE GROUP REHEARSAL		NS
Petite Ballet	4-7	NS
Tech/Stretch II/III	9-14	LN
Ballet II	8-13	NS

All classes will be 55 min long to allow for a 5 min passing period between classes

Schedule subject to change. Schedule is as of 08.13.25

Please visit dancelaboc.com for most updated schedule.

***Instructor approval & SIDE AERIAL REQUIRED for Acro III/IV & Tumbling

LR - Laura Russom

EM- Erynne Mangsat

JF - Julie Frohman

LN - Liv Nielsen

LS- Lauren Steele

MA - Malia Asahino

MM - Marco Mejia

NS- Noelle Snaveley

NL - Noelle Labbe

RJ - Rony Jacques

SCHEDULE
APPROVED BY:

LIV

LAUREN

LAURA

JULIE

MALIA

MARCO

NOELLE L

NOELLE S

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